



**INTERNATIONAL STUDENT EXCHANGE PROGRAM - 2018**

**MODULE 2 (7 DAYS) (No. of candidates 4 - 5)**

**TOPIC: POST AND CORE**



**Dr. MUNISH GOEL B D S, M D S**  
Professor and Department Head



<b>DAY 1</b>	<ul style="list-style-type: none"> <li>9.30 -10.30 am: Inauguration and welcome</li> <li>10.30 - 1.00 pm: <b>Lecture 1</b> - Post and core – Theoretical aspects</li> <li>1.30 - 2.30 pm: Lunch break</li> <li>2.30 - 4.30 pm: <b>Lecture 2</b> - Detailed aspects of armamentarium used in post and core</li> </ul>
<b>DAY 2</b>	<ul style="list-style-type: none"> <li>10.00 - 11.30am: <b>Lecture 3</b> - Clinical procedure for post and core preparation</li> <li>11.30 - 12.00: Tea break</li> <li>12.00 - 1.30 pm: <b>Lecture 4</b> - Wax pattern fabrication - Clinical aspects</li> <li>1.30 - 2.30 pm: Lunch break</li> <li>2.30 - 4.30 pm: <b>Lecture 5</b> - Pattern investing and casting procedures</li> </ul>
<b>DAY 3</b>	<ul style="list-style-type: none"> <li>10.00 - 11.30 am: <b>Lecture 6</b> - Finishing, polishing, seating and cementation of post and core - Clinical aspect</li> <li>11.30 - 12.00: Tea break</li> <li>12.00 - 1.30 pm: <b>Lecture 7</b> - Casting defects</li> <li>1.30 - 2.30 pm: Lunch break</li> <li>2.30 - 4.30 pm: <b>Lecture 8</b> - Recent advances regards to post and core</li> </ul>
<b>DAY 4</b>	<b>RECREATION</b> - Trek to <b>MURARI TEMPLE</b> / Lake Prashar/ Lake Rivalsar/ Camping at Tirthan Valley/ Kasol/ Koldam
<b>DAY 5</b>	<b>LIVE DEMO:</b> Post space preparation, wax pattern fabrication, investing, dewaxing, casting, finishing, polishing and seating - Complete procedure
<b>DAY 6</b>	<b>HANDS- ON</b> Post and core on extracted tooth on phantom head by individual candidates
<b>DAY 7</b>	<b>RECREATION</b> - Excursion to the <b>HOLY CITY OF MANDI (CHOTI-KASHI)</b> / Lake Prashar/ Lake Rivalsar/ Camping at Tirthan Valley/ Kasol/ Koldam



